

## Case-Study

### Abdul Sattar: Every cloud has a silver lining

In village Mari Muhammad Khan, district Matiari, lives Abdul Sattar. Having to support a family of 5 members and with no stipulated source of income, he was having a great ordeal. Inflicted with joint pain and sciatica, he cannot perform heavy labor due to which his income options are very restrictive.

OSDI under its KG program aimed at helping him. As food is one of the most important needs of a human's sustenance and in a typical Pakistani household PKR 100's vegetable is required on an average therefore, by providing for the dietary needs at least a person gets relieved partially. He became a beneficiary of Kitchen Garden (KG) project in the 3<sup>rd</sup> phase. Initially he had a hand pump which was insufficient for a generous



produce. As continuous and uninterrupted supply of water is essential for the land, therefore after his family's assistance and support, he purchased a light motor which brought a miraculous increase in his yield.

After OSDI's extended assistance and provision of seeds, he was able to get a diverse variety of yield. During the 6<sup>th</sup> and 7<sup>th</sup> phase of KG, he was able to produce 10 kilograms of rich gourd, 5 kilogram of spinach, 20 kilograms of turnip and 21 kilograms of potato, per week. He is not only able to fulfill the needs of his own family but also gets surplus produce occasionally that he sells to earn some profit. His saving is reported to be PKR 1500 to 2000 a month, approximately. Abdul Sattar says joyfully: *"I am really happy with the performance of my Kitchen Garden and I extend my gratitude to OSDI. I plan to flourish it more in the forthcoming phases."*

OSDI aims that he continues to achieve his aspirations and dreams with the same vitality.