

## Case-Study

### **Azeem Khan Lashari – From Poverty to Sustainability**

In the rural communities of Pakistan, one of the major problems the under-privileged people have to face is food insecurity. Their accessibility to get food depends on the amount of work they get on a daily basis. Most of the people who can't afford to own a farmland remain paralyzed as to how they would arrange their next course of meal.

In order to overcome this factor of food insecurity OSDI initiated the Kitchen Garden Project. In which beneficiary families who live in these under-privileged areas are provided seeds to sow vegetables in their backyard or courtyard. The OSDI appointed an agro expert provides training and guidance to these beneficiaries to help them gain more production.

In the village of Kamal Khan Lashari, district Khairpur, lives Azeem Khan Lashari along with his 11 family members. He is a 42 year old farmer who joined K.G in the 4<sup>th</sup> phase after knowing about its success in providing fresh home grown vegetables. Not only are the vegetables fresh but they are full of health and nutrition as well. As a result the entire family is able to eat good food.

Since, fresh vegetables are available all the time at his home. He now saves PKR 100 a day by not purchasing the vegetables from the market. Rather he sells PKR 200 – 250 worth of vegetables a day. He has sowed Qulfa, Cluster Beans, Rich Gourd, Pumpkin, Okra in his K.G.

As a result, he has earned a good amount of money from 30kgs of qulfa, 40kgs of Cluster Beans, 20kgs of Rich Gourd, 20kgs of Pumpkin and 25kgs of Okra. He is very happy to see that his efforts have shown a positive outcome. He thanks OSDI for showing him the way towards sustainability.